

**REGION 6 DIVISION 2  
POWERLIFTING RECORDS**

	<u>Lift</u>	<u>Lifter</u>	<u>School</u>	<u>Record</u>	<u>Year</u>
114	Squat	Richard Milnes	Frisco	370	2000
	Bench	Andrew Thomas	Kennedale	215	2006
	Deadlift	Jason Wade	Bowie	400	1993
	Total	Richard Milnes	Frisco	950	2000
123	Squat	Jon Gower	Aledo	410	1997
	Bench	Pete Salazar	Frisco	245	2000
	Deadlift	David Trejo	Decatur	440	2003
	Total	Carlos Huerta	Decatur	1015	2008
132	Squat	Robbie Allmon	Sanger	465	1998
	Bench	Rusty Burris	Princeton	280	2009
	Deadlift	David Trejo	Decatur	500	2005
	Total	Michael Askew	Burkburnett	1170	2009
148	Squat	William Davis	Sanger	520	2000
	Bench	Matt Cobb	Frisco	315	1998
	Deadlift	Amos Berryman	Gainesville	530	2003
	Total	William Davis	Sanger	1325	2000
165	Squat	Andre Murria	Bonham	545	2007
	Bench	Jason Maxwell	Henrietta	330	1998
	Deadlift	Robert Davis	Royse City	570	2006
	Total	Robert Davis	Royse City	1400	2006
181	Squat	JC Pleva	Iowa Park	600	2008
	Bench	JC Pleva	Iowa Park	380	2008
	Deadlift	Eric Crawford	Bowie	615	1992
	Total	JC Pleva	Iowa Park	1500	2008
198	Squat	TJ Sabando	Kennedale	690	2008
	Bench	Dustin Hickey	Kennedale	395	2009
	Deadlift	Jeremy Greenway	Aubrey	600	1995
	Total	TJ Sabando	Kennedale	1640	2008
220	Squat	Caleb Watson	Iowa Park	625	2009
	Bench	Eric Watkins	Royse City	390	2000
	Deadlift	Nick Clark	Everman	610	2003
	Total	Caleb Watson	Iowa Park	1555	2009
242	Squat	Clifton Baker	Strawn	670	2004
	Bench	Joey Lucero	Kennedale	465	2008
	Deadlift	Clifton Baker	Strawn	660	2004
	Total	Clifton Baker	Strawn	1740	2004
275	Squat	Heath Gholson	Iowa Park	705	2003
	Bench	Kyle Gerstner	Burkburnett	425	2007
	Deadlift	Justin Thacker	Iowa Park	630	2009
	Total	Heath Gholson	Iowa Park	1700	2003
SHW	Squat	Lorenzo Barnes	Burkburnett	825	2009
	Bench	Lorenzo Barnes	Burkburnett	500	2009
	Deadlift	Tom Collins	Iowa Park	610	2006
	Total	Lorenzo Barnes	Burkburnett	1885	2009