

**TEXAS HIGH SCHOOL POWERLIFTING ASSOCIATION  
REGION 6 DIVISIONS 2  
POWERLIFTING CHAMPIONSHIP**

**DATE:** March 7, 2009

**PLACE:** Decatur High School  
750 E. Eagle Summit Dr.  
Decatur, TX 76234

**FEE:** \$25 per lifter. Make checks out to **Decatur Powerlifting**

**THINGS to BRING:**

1. Entry fee
2. Eligibility list signed by your principal or superintendent
3. Scholarship Applications

**SCHEDULE:**

Early weigh-in	Friday, March 6	5:00 – 6:30 pm
Weigh-in	Saturday, March 7	6:00 – 7:30 am
Coaches' Meeting		8:30 am
National Anthem		9:00 am

**INFORMATION to BE TAKEN CARE OF AHEAD OF TIME**

**DUES:** were to be postmarked by February 2. There will be a \$200 fee to enter lifters at the Regional meet if Association dues were not paid on time. Check the website to confirm membership.

**TOTALS:** Check to see if your lifters totals are correct. Contact me immediately if they are not. Also, do the same with the spelling of lifters' names.

**LAST QUALIFYING DATE:** February 28. **If you plan on lifting on that date, please notify me ahead of time so that there are no mistakes in the Regional standings.** All judges at that meet must be certified. **Make sure your Meet Director sends me or his Regional Director the .psm file by email before midnight, Saturday, February 28 or the results will not be posted.**

**NOTIFICATION of REGIONAL QUALIFIERS:** Regional qualifiers will be posted on [www.thspa.us](http://www.thspa.us) on Monday, March 2.

**DECLARATION of WEIGHT CLASS:** by 4:00 pm on Monday, March 2. If you have a lifter who has qualified in more than one weight class, you must let me know which weight class he intends to compete in at the Regional meet. If I do not hear from you, he will be placed in the heavier weight class.

**QUALIFIERS:** **If you have a lifter who has qualified to compete at the Regional meet and will not be able to do so, you must notify me by 4:00 pm on Monday, March 2. Schools who fail to do so will still be responsible for the \$25 entry fee.**

**ALTERNATE LIFTERS:** I would encourage you to bring your 11<sup>th</sup> – 15<sup>th</sup> place lifters. We will weigh them in early if you bring them.

### **MISCELLANEOUS INFORMATION**

**ADMISSION:** Adults - \$5.00      Students - \$2.00

**CONCESSIONS:** Our booster club will have a concession stand and will be selling meal deals. You will be able to charge team meals. Lunch will be provided for two coaches from each team.

**T-SHIRTS:** Regional t-shirts will be available for sale.

**STATE MEET INFO:** The State Meet will be held at the Taylor County Coliseum in Abilene on March 28, 2009. Please check the THSPA website for details.

Hopefully I've covered everything that you will need for the Regional meet. If you have any questions, please contact me.

Sincerely,

Tim Mynarcik

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